

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2012 Sporting Excellence in Karate Regional Level

## **Jack Traynor**

This is to certify that Jack Traynor has performed to a very high standard in Competition Sport Karate throughout 2012 winning the medals and titles listed below:-

**Championship Success - 1 Bronze** 

Shindo Kai National Championships - 15<sup>th</sup> November, Barnsley

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2012. Well done Jack.

Sensei Wayne Clarke 3<sup>rd</sup> Dan Head Coach - The Hull & East Riding Karate Academy







The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.